

Welcome New Baby



www.jadebalden.com/baby/



Dear New and Expecting Mother,

What an exciting time for you. Being a mother is such a privilege. You have this wonderful little life to care for.

It's almost like we, mothers, have this built-in urge to give our children the best that life has to offer. I know. I've been there, and it is sometimes difficult to know what will be the best way to help little baby through those unpleasant physical experiences.

This is why I have created this beautiful little eBook with all the little essential oil and natural solution nuggets.

I wish you and your baby all the best of health and happiness.

with love,

Jade Balden

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Welcome New Baby

dōTERRA's 'Touch' line is perfectly diluted for babies and children. Now you can safely, confidently & effectively care for your baby's health and well being.

Anointing after Birth

Apply Frankincense on the crown to calm baby from the head trauma of birth and spiritually connect baby back to God. Apply 1 drop of diluted Myrrh oil on baby's umbilical cord stump to boost immunity. Apply 1 drop of Balance on baby's feet for grounding.

Breathing

Rub Breathe Touch on chest, back, and bottom of feet 3-4 times a day to open up airways and dry up mucus. Add Breathe oil to diffuser and diffuse into the air near baby, especially at bedtime.

Bumps & Bruises

Apply Lavender Touch & Deep Blue Touch on location 2-3 times a day until better. Apply 1 drop Helichrysum on big bruises.

Coughs

Apply Lavender Touch on baby's neck area. Rub Breathe Touch on chest, back and bottom of feet 3-4 times a day. Add Breathe oil to diffuser and diffuse into the air near baby.

Cradle Cap

Apply Lavender Touch, Frankincense Touch & extra Fractionated Coconut oil on head, leave in for about 1 hour and then wash off with dōTERRA Hair & Body Wash gently scrubbing dried skin off.

Crying

Diffuse Serenity near baby. Apply on the mother too, so baby can smell it as mother holds and soothes baby.

Cuts & Scrapes

Mix a few drops of Lavender & Melaleuca in a bowl of warm water to wash area. Roll a little Lavender Touch on location before covering it with a Band-Aid if there is an open wound. If possible just use Correct-X ointment and leave skin to air out & heal.

Digestion

For the occasional tummy aches, appetite balancing, vomiting, constipation or diarrhea. Massage baby's tummy with DigestZen Touch oil in a clockwise direction. Rub DigestZen Touch on the bottom of baby's middle of baby's feet too. Calm baby's mind with Balance oil to relax sphincter muscles.



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Diaper Rash

Change wet or soiled diapers promptly. Cleanse the diaper area and allow to dry. Apply dōTERRA Diaper Rash cream liberally as often as necessary with each diaper change especially at bedtime or anytime exposure to wet diapers may be prolonged.

Ear discomforts

For the occasional aches. Apply Lavender Touch, Melaleuca Touch, and Frankincense Touch on the bones behind the ear 2-3 times a day. Also apply these oils on the 4th & 5th toes on the feet. Speak love to baby.

Dry Skin

Massage dōTERRA Baby lotion onto baby's skin as often as needed. It is gentle enough for every day use. Make sure baby gets enough fluids and fats.

Detox from shots

To help cleanse heavy metals and chemicals from baby use On Guard Touch and diluted Cilantro oil on baby's feet daily. Use Frankincense on the baby's forehead, back of neck, ears and toes daily.

Gas

For the occasional colic and discomforts of gas. Massage Lavender Touch, Peppermint Touch &/or DigestZen Touch on baby's feet and tummy in a clockwise motion. Lift baby's knees to tummy, hold for a few seconds and down again a few times to allow gas to escape. Use Balance oil on baby's forehead, ears and big toes during nursing so baby nurses calmly & swallow well.

Insect Bites

Use Lavender Touch & Melaleuca Touch on location 2-4 times a day. Use Peppermint Touch too if baby seems itchy.

Immune Boosting

Apply On Guard Touch & Oregano Touch on the bottom of feet daily. If baby is unwell, use 2-3 times a day. Dilute On Guard oil in the home often to protect baby's immunity.

Laundry

Care for baby's skin by washing clothes with dōTERRA's all natural On Guard Laundry detergent.



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Liver Support

Dilute 1 drop of Geranium with Fractionated Coconut oil, rub on bottoms of feet and liver area. Sometimes when the Liver is unhappy baby might experience Jaundice.

Overheated

Apply Lavender Touch, Peppermint Touch, & Frankincense Touch on the bottom of baby's feet and on the back. Consider putting a wet towel on the baby's body on top of the oils to drive the oils in.

Overstimulated Apply Lavender Touch & Balance oil on baby's feet. Diffuse Serenity oil in the room. These oils will help baby feel calm and safe.

Skin

Apply Lavender Touch & Frankincense Touch on baby's skin to calm irritations and redness. Also frequently use dōTERRA Baby Lotion.

Sleep

Diffuse Serenity oil in the diffuser. Apply Balance oil on baby's forehead, back of neck, ears and big toes before bed.

Teething

Use small amount of Lavender Touch & On Guard Touch on and around jawline. Consider using diluted Clove oil too on both inside and outside of mouth on jaw line. For extra swelling, use Deep Blue Touch.

White Tongue The whiteness is usually thrush or fungus. Use On Guard Touch, Oregano Touch, & Melaleuca Touch on the feet 3-4 times a day.





Welcome New Baby Kit



Retail \$416.66 Wholesale \$347.50 SAVE \$69.16
(Wholesale membership, Petal Diffuser, doTERRA
Touch® Kit, doTERRA Serenity®, doTERRA
Balance®, Fractionated Coconut Oil,
doTERRA Baby Collection)

Set up your wholesale account here:
www.jadebalden.com/baby/#BuyNow



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