

Cleanse, Renew & Restart


30-Day Renewal

Product Information



TerraZyme™

Digestive Enzyme Complex

 Made with SLA-free vegetable capsules

Product Description

dōTERRA's TerraZyme® Digestive Enzyme Complex is a proprietary blend of active whole food enzymes and supporting mineral cofactors that are often deficient in cooked, processed, and preservative laden foods. TerraZyme's powerful combination of digestive enzymes support the body's constant production of enzymes critical for healthy biochemical functions throughout the body including healthy digestion of food nutrients and cellular metabolism of nutrients to energy. TerraZyme includes a variety of whole food enzymes that help with digestion of proteins, fats, complex carbohydrates, sugars and fiber.

Concept

Enzymes are specialized proteins that function as catalysts in almost all cellular functions and chemical reactions throughout the body. Enzymes play a critical role in growth, healing, and reproduction. They are also necessary for breathing, thinking, immune function, hormone regulation, detoxification, and thousands of other biochemical functions. Enzymes are also necessary for digesting food nutrients and converting nutrients to energy in cells.

Enzymes can originate inside and outside the body. Endogenous enzymes are produced in the body and can be classified as metabolic enzymes and digestive enzymes. Metabolic enzymes are active in blood, tissues, and organs. Digestive enzymes are excreted by the liver and pancreas and help the body convert food to usable nutrients. Exogenous enzymes are enzymes originating outside the body and are classified as food enzymes. Food enzymes are found in raw, unprocessed foods and help break down nutrients during digestion.

The body's ability to constantly produce metabolic and digestive enzymes is limited by raw material availability and production capacity. If our diets do not include sufficient food enzymes to break down the food we eat, our body's endogenous enzyme resources must be directed towards the production of digestive enzymes to speed conversion of food to



🔹 Cleanse & Restore Kit

This power kit is filled with the essentials to promote lifelong health.

Part Number: 60200541

Wholesale: \$245.00

PV: 175 PV

Savings: \$79.05

Description

doTERRA Lifelong Vitality Pack®, Zendocrine® Softgels, Zendocrine Complex, DigestZen TerraZyme®, GX Assist®, PB Assist®+, DDR Prime® Softgels, Lemon essential oil, Wellness Advocate Introductory Packet



MICROPLEX MVp[™] MICRONUTRIENT COMPLEX

The dōTERRA Lifelong Vitality Program includes Microplex MVp, a balanced formula of essential vitamins and bioavailable minerals carefully formulated to provide optimal levels of key micronutrients that support energy and immune functions.

Vitamins and minerals are essential cofactors of growth, energy production, and cellular immune function. They are classified as “essential” because they cannot be produced in the body in sufficient quantities to sustain life and healthy functioning of body systems. Essential vitamins and minerals must be obtained from food, yet our modern diets are often deficient in adequate amounts of the variety of vitamins and minerals necessary for optimal health and wellness. There are more and more health concerns with the lack of nutrients in the foods we eat because we are so reliant on processed and convenience foods. There is also a concern now with many of the supplements on the market because of companies trying to pack too much into a pill. Recent studies have shown that mega dosing on vitamins and minerals can be not only ineffective but harmful to the body. The need for a multivitamin to give us just the right amount of nutrients that match a proper diet is needed now more than ever.

Microplex MVp has been carefully formulated to be taken with xEO Mega order to provide the amounts of vitamins, minerals, polyphenols, and omega fatty acids that we need to add to a well-balanced diet for optimum health. It will provide no more and no less than what we need every day.



Balanced blend of vitamins:
Includes antioxidant vitamins A, C, and E; an energy complex of B vitamins; and natural vitamins D

Bioavailable blend of essential minerals:
Includes bio-available forms of the bone nutrients calcium, magnesium, zinc, iron, selenium, copper, manganese, and chromium. Also contains a blend of essential trace minerals for cellular metabolism, communication, and regeneration.

A great blend of polyphenols such as: grape seed extract, quercetin, pomegranate fruit extract, resveratrol, and more have been added for their great antioxidant power.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

bioavailable nutrients. Production capacity directed towards the production of digestive enzymes is capacity not available for the production of important metabolic enzymes.

The body's constant need to produce digestive enzymes can result in chronic deficiencies in metabolic enzymes that are critical for optimal health and cell function. One example of an important metabolic enzyme is superoxide dismutase (SOD) which protects cells from free radical molecules. Metabolic enzymes are also necessary for energy production, tissue growth and repair, and managing toxic waste products. When we eat foods that are rich in food enzymes, our bodies can use fewer resources to produce digestive enzymes and have more capacity to create optimal levels of metabolic enzymes.

Chronic enzyme deficiencies have been associated with numerous sub optimal health conditions including gastrointestinal disease, yeast infections, osteoporosis, chronic fatigue, compromised immune system, obesity, diabetes, and heart disease among other degenerative conditions.

Food Enzyme Deficiencies

Fresh, raw foods naturally contain sufficient enzymes for proper digestion in the body. However, when food is cooked and processed, these naturally occurring food enzymes can be destroyed. The pasteurization, sterilization, radiation, preservation, freezing, and microwaving of our modern food supply can render food enzymes inactive or alter their structure so much that they become useless to the body. Food processing can also remove important vitamin and mineral cofactors of enzymatic chemistry in the body.

We can reduce the internal demand for production of digestive enzymes in our body by increasing the amounts of fresh, raw foods in our diets. Some experts suggest a healthy diet would include at least 60 percent of food nutrients coming from fresh, raw foods — a good goal but not always practical in our modern lifestyles. Using a whole food supplement of food enzymes is a more convenient way to guarantee sufficient enzymes in the foods we eat.

dōTERRA's TerraZyme™ Digestive Enzyme Complex

dōTERRA's TerraZyme is a proprietary blend of eight active whole food enzymes that are often deficient in cooked, processed, and preservative laden foods. TerraZyme includes a variety of whole food enzymes that help with digestion of proteins, fats, complex carbohydrates, sugars, fiber, and other food nutrients. TerraZyme also includes a patented Enzyme Assimilation System of whole food minerals that are necessary cofactors for enzymatic activity throughout the body.

TerraZyme's powerful combination of whole food enzymes support optimal health by promoting more efficient digestion of food nutrients and by reducing the demand for internal production of digestive nutrients thus freeing resources for optimal levels of metabolic enzyme production and activity. TerraZyme can also be used as targeted support for specific food intolerances of proteins, fats, and carbohydrates such as lactose.

TerraZyme is safe to use with every meal, every day by all members of the family. It includes dōTERRA's Tummy Tamer Blend of peppermint, ginger, and caraway seed extracts to promote gastrointestinal comfort for those using TerraZyme for targeted digestive health.

| Enzyme | Activity |
|---------------------|--|
| Protease | Breaks down protein to peptides and amino acids. |
| Amylase | Breaks down carbohydrates, starches, and sugars. |
| Lipase | Breaks down fats and oils to be absorbed in the intestine. |
| Lactase | Breaks down lactose that is found in milk sugars. |
| Alpha Galactosidase | Breaks down complex polysaccharide sugars found in legumes and cruciferous vegetables that can cause bloating and gas. |
| Cellulase | Breaks down fiber to help digest fruits and vegetables. |
| Maltase | Breaks down maltose sugars to glucose for energy. |
| Sucrase | Breaks down sucrose to fructose and glucose for energy. |

Primary Benefits

- Supports healthy digestion and metabolism of enzyme deficient, processed foods
- Speeds conversion of food nutrients to cellular energy
- Promotes gastrointestinal comfort and food tolerance
- Supports healthy production of metabolic enzymes
- Provides important mineral cofactors for systemic enzymatic activity

What Makes This Product Unique?

- Proprietary blend of eight active whole food enzymes
- Patented Enzyme Assimilation System of essential whole food mineral cofactors including 72 trace minerals
- dōTERRA TummyAiding Blend® of peppermint, ginger, and caraway seed
- Whole food formula made with sodium lauryl sulfate free HPMC vegetable capsules
- Safe to use by everyone in the family

Who Should Use this Product?

TerraZyme is formulated for use by all members of the family desiring supplemental whole food enzymes. TerraZyme is an excellent product for individuals with specific food intolerances resulting from digestive enzyme deficiencies. TerraZyme is an excellent addition to dōTERRA's monthly Lifelong Vitality supplement program of Alpha CRS+ xEO Mega™ and Microplex VM z™.

Directions for Use

©2010 dōTERRA Holdings, LLC

TerraZymePIP.docx



In addition to the potent Cellular Longevity Blend contained in Alpha CRS+®, the dōTERRA Lifelong Vitality Program includes your choice of xEO Mega® or vEO Mega®, providing ultra-pure essential fatty acids and other fat soluble nutrients that help support heart and circulatory health, brain health, and optimal immune function among many other systemic benefits.

Committing to a diet that is completely vegan is a lifestyle that is gaining popularity and is extremely important to many people. Alpha CRS+ and Microplex MVp® are already vegetarian friendly, but xEO Mega needed a slight modification in order to be labeled vegan.

vEO Mega still provides a unique blend of essential fatty acids that are so important to our diet but delivers them from plant and algae-based sources. A single daily dose of vEO Mega provides 1,200 mg of botanical omegas with 555 mg of ALA from flax seed oil and Incha Inchi oil, 100 mg of DHA from algae, 20 mg of GLA from borage oil, and a varied blend of other plant-sourced essential fatty acids.

vEO Mega still includes 800 IU of natural vitamin D, 60 IU of natural vitamin E, 1 mg of pure astaxanthin, over 5 mg of other carotenoids, and a proprietary blend of CPTG Certified Pure Therapeutic Grade essential oils—just like xEO Mega.

vEO Mega Land Omega Blend (1380 mg):
Flaxseed oil, Inca Inchi Seed oil, Borage Seed oil, Cranberry Seed oil, Pomegranate Seed oil, Pumpkin Seed oil, Grape Seed oil

xEO/vEO Mega Antioxidant Blend:
Pure astaxanthin from microalgae and natural vitamin E, lutein, zeaxanthin, lycopene, and alpha and beta carotene.



to order 1-800-411-8151



xEO MEGA® ESSENTIAL OIL OMEGA COMPLEX

In addition to the potent Cellular Longevity Blend contained in Alpha CRS+®, the dōTERRA Lifelong Vitality Program includes your choice of xEO Mega® or vEO Mega®, providing ultra-pure essential fatty acids and other fat soluble nutrients that help support heart and circulatory health, brain health, and optimal immune function among many other systemic benefits.

xEO Mega provides a proprietary blend of marine and land-sourced essential fatty acids. Omega-3 fatty acids help support healthy joints, the cardiovascular system, brain health, and immune function.

xEO Mega includes the powerful antioxidant carotenoid astaxanthin, which helps protect against lipid oxidation in the brain and throughout the circulatory system. xEO Mega is encapsulated in vegetarian softgels.

xEO Mega includes a proprietary blend of dōTERRA CPTG Certified Pure Therapeutic Grade® essential oils that also function as antioxidants, support a healthy oxidative stress response in cells, and provide other powerful health benefits. These oils also function as a natural preservative system, protecting the essential fatty acids in xEO Mega from oxidation and rancidity.



xEO Mega Marine and Plant Omega Blend (1150 mg):
Pure, micro-filtered fish and calamari oil concentrate with echium seed oil providing 300 mg EPA, 300 mg DHA, 50 mg ALA, 20 mg SDA, and 16 mg GLA

xEO/vEO Mega Essential Oil Blend:
Clove, Frankincense, Thyme, Cumin, Wild Orange, Peppermint, Ginger, Caraway, and German Chamomile



CPTG Certified Pure Therapeutic Grade®

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Take one to three vegetable capsules with meals throughout the day. If your meal includes lots of fresh, raw foods, take one capsule. If your meal includes highly processed, cooked foods or contain food products known to cause specific GI discomfort, take two to three capsules with meal.

Cautions

Some people may experience an initial change to digestive schedule and function when they begin using enzyme supplements. For most people, these symptoms are mild and should disappear after a few days. Pregnant or lactating women and people with known medical conditions should consult a physician before using. Does not contain wheat or milk products. Does not contain ingredients made from animal products.

TerraZyme™ Digestive Enzyme Complex 90 HPMC Vegetable Capsules

Item code: 3511

Consultant price: \$37.50(37.50 PV)

Preferred customer: \$41.25

Retail customer: \$50.00

| Supplement Facts | | |
|--|------------|------|
| Serving Size: 3 vegetable capsules | | |
| Servings per Container: 30 | | |
| Amount Per Serving | | % DV |
| Protease (Aspergillus) | 75,000 HUT | * |
| Amylase (Aspergillus) | 24,000 SKB | * |
| Lipase (Rhizopus) | 12,000 LU | * |
| Lactase (Aspergillus) | 600 ALU | * |
| Alpha Galactosidase (Aspergillus) | 300 GALU | * |
| Cellulase (Trichoderma) | 300 CU | * |
| Maltase (Barley Malt) | 300 DP | * |
| Sucrase (Saccharomyces) | 300 SU | * |
| Betaine HCL | 30 mg | * |
| Patented Enzyme Assimilation System: | 156 mg | * |
| Coral Calcium, Magnesium yeast, Manganese yeast, Zinc yeast, 72 organic trace minerals | | |
| Tummy Tamer Blend: | 420 mg | * |
| Peppermint leaf, Ginger root, Caraway seed | | |

* Daily Value not established US patent #7235390

Other Ingredients: Vegetable hypromellose, vegetable cellulose.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.

†US patent #7235390



Zendocrine™

Detoxification Complex & Essential Oil Blend

Made with SLS-free vegetable capsules



ALPHA CRS+®

CELLULAR VITALITY COMPLEX

Alpha CRS+ Cellular Vitality Complex contains potent levels of powerful polyphenols that protect cells from free radicals that can damage cellular DNA, mitochondria, and other critical cell structures.

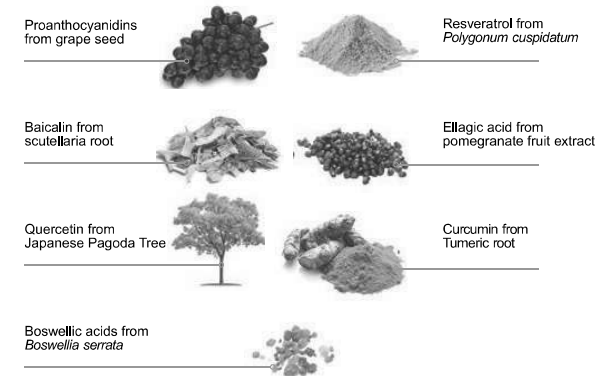
Product Description

dōTERRA's Zendocrine™ Detoxification Complex is a proprietary blend of whole-food extracts in a patented enzyme delivery system that supports healthy cleansing and filtering functions of the liver, kidneys, colon, lungs, and skin.* Zendocrine™ Detoxification Complex is formulated to be used with Zendocrine Detoxification Essential Oil Blend of therapeutic-grade aromatic extracts of clove, grapefruit, rosemary, and geranium.

Concept

As part of requisite body functions of eating, breathing, and coming in contact with our environment through our skin, our bodies are exposed to numerous toxins and microbial pathogens. One of the primary functions of vital organs is to act as protective filters against such harmful agents. The largest organ of the body, the skin, has a primary protective function against toxic exposure and infection. The lungs help filter the air we breathe from particulates and pollutants. The gastrointestinal tract from the stomach to the colon of the large intestine also perform significant cleansing and filtering of toxins entering our bodies with the food we eat. If toxins make it past these organs on the first line of defense, other organs such as the kidneys and liver perform additional filtering functions to rid our bodies of chemicals and pathogens that can cause us harm.

The body's filtering and waste management system is quite capable of managing a certain amount of exposure to toxic influencers. But in a modern world of environmental pollutions and harmful chemicals found in prepared foods, beauty products, treated water, etc. the body's filtering system can be significantly challenged. Just as a filter in a car, furnace, or coffee machine can plug up over time, your body's filtering organs can also become "plugged" with toxins. Healthy organs have the capacity to "clean" or "unplug" themselves under normal conditions, but many sub-optimal health conditions of the liver, kidneys, colon, lungs and skin can result from an overexposure and buildup of toxicity in these vital organs.



POLYPHENOLS: A class of antioxidant molecules that provide numerous longevity health benefits including powerful antioxidant protection against free-radical damage to cellular DNA, mitochondria, and other critical cell structures.

FREE RADICALS: Unstable molecules that can start a damaging chain reaction of cellular oxidation contributing to unhealthy aging.

DNA: Nucleic acid in cells that contains the genetic instructions for cell proliferation, specialized function, and lifespan. It is through the DNA that the instructions for life are stored and passed to new cells that make up tissues, organs, systems, and organisms. Disruption of normal DNA function can result in sub-optimal health.

to order 1-800-411-8151

dōTERRA® | LIFELONG VITALITY PROGRAM

look, feel, and live younger, longer



Made with  Certified Pure Therapeutic Grade® Essential Oils

Supporting healthy cleansing and filtering functions of these organs begins by limiting exposure to environmental toxins we breathe or touch and by eliminating foods that have artificial chemicals or that have been treated with pesticides and other harmful chemicals. Hydrating frequently with clean water is also essential for healthy function of our cleansing organs. Additionally, supplementing our healthy diets with functional nutrients that provide targeted support for specific organs can support healthy cleansing and filtering functions of the body.*

dōTERRA's Zendocrin™ Detoxification Complex

dōTERRA's Zendocrin is a proprietary blend of whole-food extracts formulated to support the healthy cleansing and filtering functions of the liver, kidneys, colon, lungs, and skin.* Each whole-food botanical extract was selected specifically to support organ capacity to both provide protective cleansing and filtering functions for the body and to support the organ's own capacity to rid itself of stored toxic waste products. Zendocrin also uses a patented† enzyme assimilation system to help with whole-food extract absorption and is packaged in SLS-free vegetable capsule.

| Targeted Organ | Whole-food Extract |
|----------------|--|
| Liver | Barberry leaf, Milk Thistle seed, Burdock root, Clove bud, Dandelion root, Garlic fruit, Red Clover leaf |
| Kidneys | Turkish Rhubarb stem, Burdock root, Clove bud, Dandelion root |
| Colon | Psyllium seed husk, Turkish Rhubarb stem, Acacia Gum bark, Marshmallow root |
| Lungs | Osha root, Safflower petals |
| Skin | Kelp, Milk Thistle seed, Burdock root, Clove bud, Garlic fruit |

dōTERRA's Zendocrin™ Detoxification Essential Oil Blend

dōTERRA's Zendocrin essential oil blend is a proprietary blend of therapeutic-grade essential oils of clove, grapefruit, rosemary, and geranium that have been studied for support of the cleansing organs of the body. The blend is formulated to be used individually or in combination with the Zendocrin botanical extract complex.

Primary Benefits

- Supports healthy cleansing and filtering functions of the liver, kidneys, colon, lungs, and skin*
- Supports normal self-detoxification functions of the cleansing organs*

What Makes These Products Unique?

- Proprietary blend of 14 active whole-food extracts targeting specific cleansing organs
- Patented† Enzyme Assimilation System of Amylase and Cellulase their natural mineral cofactors Magnesium and Manganese
- Whole-food formula made with sodium lauryl sulfate-free HPMC vegetable capsules
- Proprietary blend of Certified Pure Therapeutic Grade essential oils

Who Should Use this Product?

Zendocrine Detoxification Complex and Zendocrine Detoxification Essential Oil Blend is formulated for use by all adults concerned with toxic exposure and toxic buildup in the cleansing and filtering organs of the body.

Directions for Use

Take two (2) capsules of Zendocrine Detoxification Complex daily, one with morning and one with evening meals. For optimal benefits, avoid increased toxic load to your organs via your food supply by reducing the amount of foods prepared with artificial colors, preservatives, and sweeteners and by increasing your consumption of pure water throughout the day. Zendocrine Detoxification Complex's benefits can be enhanced by using dōTERRA's Zendocrine Detoxification Essential Oil Blend of Certified Pure Therapeutic Grade essential oils of clove, grapefruit, geranium, and rosemary. Take five (5) drops of Zendocrine Detoxification Essential Oil Blend in the evening with water or in an empty capsule. Individual products may be used separately.

Cautions

Pregnant or lactating women and people with known medical conditions should consult a physician before using. Does not contain wheat or milk products. Does not contain ingredients made from animals.

Zendocrine™ Detoxification Blend
15 ml bottle

Item code: 3146
Consultant price: \$24.50 (24.50 PV)
Preferred customer: \$26.95
Retail customer: \$32.67

Supplement Facts

Serving Size: 1 drop
Servings per Container: About 250

| Amount Per Serving | % DV |
|--|------|
| Zendocrine Detoxification Blend: 60 mg | * |
| Clove | |
| Grapefruit | |
| Rosemary | |
| Geranium | |

* Daily Value (DV) not established.

Dilute 1 drop in 4 fl. oz. of liquid.

Q: What is the difference between probiotics and prebiotics?

A: Probiotics are indigestible fibers that are found in fruits and vegetables and have the ability to selectively promote the adhesion and growth of friendly bacteria while discouraging the growth of less friendly intestinal microbes. Probiotics are microorganisms that support healthy colonies of friendly microflora in the gut.

Q: Why do probiotics and prebiotics need to be separated by an inner and outer capsule?

A: This unique delivery system helps ensure the live active cultures will be released in the small intestine. The outer capsule must be dissolved, the FOS prebiotic fiber suspended in a thick viscous fluid must be dissolved away in the digestive fluid, and then the inner capsule must dissolve.

Q: Does the green inner capsule have any synthetic colorants?

A: The green color in the PB Assist+ inner capsule comes from chlorophyll, the all-natural green pigment found in all plants.

Q: Should I take PB Assist+ at the same time that I take GX Assist?

A: We recommend using GX Assist for 10 days (three capsules per day with meals) followed by PB Assist+ for ten days (three capsules), then PB Assist+ (one capsule per day) after that.

Q: Do I need to keep PB Assist+ refrigerated?

A: Although it is best to keep PB Assist+ out of the heat, it is not necessary to refrigerate. PB Assist+ is tested for shelf life and stability and will retain its activity level when stored under normal conditions. Dry probiotic cultures such as the ones used in our PB Assist+ capsules are not activated until they are released in the gut and exposed to moisture.

COMPLEMENTARY PRODUCTS

- Lifelong Vitality Pack or Vegan Lifelong Vitality Pack
- Microplex VMz
- Terrazyme
- GX Assist

KEY STUDIES

Rupa P, Mine Y. Recent advances in the role of probiotics in human inflammation and gut health. Journal of Agricultural and Food Chemistry. 2012;60:8249-8256.

Ng SC, Lam EFC, Lam TTY, et al. Effect of probiotic bacteria on the intestinal microbiota in irritable bowel syndrome. Journal of Gastroenterology and Hepatology. 2012;28:1624-1631.

Hempel S, Newberry SJ, Maher AR, et al. Probiotics for the prevention and treatment of antibiotic-associated diarrhea. Journal of the American Medical Association. 2012;307(18):1959-1969.

Messaoudi S, Manai M, Kergourlay G, et al. Lactobacillus salivarius: Bacteriocin and probiotic activity. Food Microbiology. 2013;36:296-304.

Elazab N, Mendy A, Gasana J, et al. Probiotic administration in early life, atopy, and asthma: a meta-analysis of clinical trials. Pediatrics. 2013;123:e666-e676.

Supplement Facts

Serving Size: 1 double-layer vegetable capsule
Servings per container: 30

| Amount Per Serving | % DV |
|---|----------|
| PB Assist+ Probiotic Blend: 6 Billion CFU ** | |
| L. acidophilus, B. lactis, L. salivarius, L. casei, B. bifidum, B. longum | |
| FOS (Short Chain) prebiotic | 50 mg ** |

**Daily Value Not Established

Other ingredients: Vegetable glycerin, vegetable hypromellose, vegetable cellulose, magnesium stearate, silica, chlorophyllin

PB Assist+®
30 double-layer vegetable capsules

Item number: 35160001
Consultant price: \$36.57 (35.50 PV)
Preferred customer: \$39.02
Retail customer: \$48.76

Unique Double-Layer Pre- and Probiotic Delivery System

PB Assist+ employs a unique double-layer capsule delivery system that provides a short-chain FOS pre-biotic fiber outer capsule and a time-release inner capsule providing active probiotic cultures. FOS, or fructo-oligosaccharides, are indigestible fibers that are found in fruits and vegetables that have the ability to selectively promote the adhesion and growth of friendly bacteria while discouraging the growth of less-friendly intestinal microbes. FOS also supports healthy absorption of calcium and magnesium, supports healthy blood glucose and cholesterol levels, and can also suppress harmful enzyme activity in the bowel.□

Inside the outer capsule delivering the pre-biotic FOS is a small inner capsule with 6 billion CFU (Colony Forming Units) of six active strains of lacto- and bifido-probiotic cultures. The time-release inner capsule protects the probiotic cultures from the harsh environment of the stomach delivering the active benefits of the cultures at full strength to the site of adhesion in the intestinal tract. The combination of pre-biotic FOS and active probiotic cultures in a single delivery system represents a comprehensive intestinal flora support system that can be safely used by all members of the family.

PRIMARY BENEFITS

- Supports healthy digestive functions and immunities while creating an unfavorable environment for unhealthy bacteria, yeast, and other harmful microorganisms□
- Helps boost GI immunities to prevent digestive infections such as traveler's diarrhea□
- Helps manage the symptoms of irritable bowel syndrome□
- Helps support optimal absorption of food nutrients and energy metabolism□
- Helps support healthy skin conditions*

DIRECTIONS FOR USE

Take one double-layer capsule three times daily, with food for ten days each month to reset and re-colonize your friendly digestive flora. Can be used more frequently and for extended periods of time when digestive flora has been compromised by antibiotics or other digestive stressors. Also may be used when traveling to boost digestive immunities, or once a day as an ongoing maintenance program for people with chronic digestive discomfort.

CAUTIONS

Some people may experience an initial change to digestive schedule and function when they begin using pre-biotic FOS and probiotics. For most people, these symptoms are mild and should disappear after a few days. Pregnant or lactating women and people with known medical conditions should consult a physician before using. Do not use if bottle is opened or capsules are broken.

Note: Although the PB Assist+ double-layer encapsulation technology makes it unnecessary to refrigerate, it is suggested that unopened bottles of PB Assist+ be stored in a cool, dry place and opened bottles be refrigerated when possible.

□These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

FAQs

Q: Why do I need 6 strains and 6 billion CFUs of probiotics?

A: Having six unique strains helps promote healthy colonization and function of microflora. They support healthy digestive and immune functions throughout the intestines. Each of these unique strains has been demonstrated to have superior propensity for intestinal adhesion and colonization. Six billion CFUs provides a beneficial dose of good bacteria in each capsule.

Zendocrine™ Detoxification Complex 60 HPMC Vegetable Capsules

Item code: 3512

Consultant price: \$24.50 (24.50 PV)

Preferred customer: \$26.95

Retail customer: \$32.67

Supplement Facts

Serving Size: 2 vegetable capsules
Servings per Container: 60

| Amount Per Serving | % DV |
|--|---------|
| Zendocrine whole-food detox blend: | * |
| Psyllium seed husk powder, Barberry leaf, Turkish Rhubarb stem, Kelp, Milk Thistle seed (30% Silymarin), Osha root, Safflower petals, Acacia Gum bark, Burdock root, Clove bud, Dandelion root (25% Inulin), Garlic fruit, Marshmallow root, Red Clover leaf (20% Isoflavones) | |
| Patented† Enzyme Assimilation System: | 65 mg * |
| Amylase, Cellulase, Magnesium yeast, Manganese yeast | |

* Daily Value not established † US patent #7235390

Other Ingredients: Vegetable hypromellose, bamboo extract.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.

†US patent #7235390

Slim & Sassy® Softgels dōTERRA®

PRODUCT INFORMATION PAGE



CPTG Certified Pure Therapeutic Grade®

PRODUCT DESCRIPTION

Slim & Sassy Metabolic Blend Softgels contain dōTERRA's proprietary Slim & Sassy essential oil blend in convenient softgels to help you achieve your weight-management goals in a healthy, natural way.* The flavorful blend of Slim & Sassy contains essential oils to help manage hunger throughout the day while boosting metabolism and promoting a positive mood.* Slim & Sassy contains Grapefruit and Lemon essential oils, both of which have a high limonene content to help purify and cleanse the body while Peppermint aids digestion and helps curb the appetite.* Additionally, Ginger and Cinnamon provide healthy digestive and metabolic support.* When combined with healthy eating and exercise, Slim & Sassy Metabolic Blend can help you reach your weight management goal and maintain a healthy weight for life.* Slim & Sassy Softgels are perfect for on-the-go or for those wanting an easy and convenient way to consume Slim & Sassy essential oil blend.

DIRECTIONS FOR USE

Take 3 to 5 softgels throughout the day as needed.

CAUTIONS

Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Store in a cool, dry place.

KEY INGREDIENTS AND BENEFITS

- Grapefruit Peel: provides cleansing and detoxifying benefits□
- Lemon Peel: acts as a natural cleanser and aids digestion□
- Peppermint Plant: helps manage hunger cravings□
- Ginger Root: may help support healthy digestion□
- Cinnamon Bark: supports healthy metabolic function□

OTHER INGREDIENTS

Non-GMO modified corn starch, glycerin, carrageenan, purified water, maltitol.

Slim & Sassy® Softgels

Serving Size: 1 softgel

Servings Per Container: 90

Part Number: 34270001

Wholesale: \$34.50

Retail: \$46.00

PV: 30

Also available in 15 mL Slim & Sassy Essential Oil Blend.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

dōTERRA®

tract. When healthy colonies of friendly bacteria are present in the intestine, they prevent the adherence and colonization of other pathogenic microorganisms that can cause sickness and disease.□ Healthy colonies of friendly microflora prevent the proliferation of pathogenic organisms by competing for nutrients necessary for growth and by crowding out unfriendly microorganisms as they compete for intestinal surface area. They also produce chemical by-products that create an intestinal environment in which the harmful microorganisms cannot flourish.

Acquired Immunities of the GI Tract

Before birth, a healthy baby's GI tract is free of bacteria and other microorganisms. During the birthing process, a baby is exposed to colonies of intestinal microflora from their mother. As healthy colonies of friendly microflora grow in a new-born baby's intestinal tract, the baby's immune system is "trained" or "programmed" to differentiate between pathogenic and harmless microorganisms and respond appropriately. The body's ability to respond in a measured way to harmful pathogens, and not to respond to unharmed antigens, is an important part of preventing overreactions of the immune system such as in allergies and gut inflammatory diseases. By the second year of life, a child's intestinal microflora is very similar to adults.

Digestion of Food Nutrients

Intestinal microflora also plays a critical role in the breakdown and absorption of food nutrients, particularly carbohydrates. Some strains of intestinal flora produce enzymes the human body cannot produce but are necessary for breaking down certain carbohydrates into short-chain fatty acids, or SCFAs, for digestion. SCFAs are a major source of food energy and metabolism and also help in the digestive process. SCFAs also contribute to the proliferation and specialization of epithelial cells in the intestine and to the healthy function of the gut.

In addition to helping the digestion of carbohydrates, gut microflora also produces and helps the body absorb vitamin K and can help with absorption of other nutrients such as calcium, magnesium, and iron.

Probiotic Supplementation

There are many ways our intestinal microflora can be compromised or even killed. Stress, physical exertion, toxins in our diet, exposure to harmful microorganisms, and the use of antibiotic therapies can pose significant challenges to the colonization and function of friendly microorganism in the gut. Healthy intestinal microflora is also challenged in people whose diets consist of high levels of animal fats and proteins and are low in fiber. Furthermore, studies have shown a steady decline in friendly intestinal flora in both men and women as they age.

When intestinal microflora is compromised, our bodies become more prone to infectious pathogens in the gut and our immune system cannot function optimally. Unhealthy conditions associated with compromised intestinal microflora include suppressed immune system function, intestinal deterioration, diarrhea, constipation, infection, and even bone strength reduction. To counter such threats, supplemental strains of friendly microorganisms, or probiotics, can be used as part of regular dietary supplement program.□

PB Assist+® Probiotic Defense Formula

dōTERRA PB Assist+ is a proprietary blend of six active strains of friendly probiotic microorganisms that support healthy colonies of friendly microflora in the gut. PB Assist+ includes active strains of Lactobacillus acidophilus, Lactobacillus salivarius, and Lactobacillus casei to promote healthy colonization and function of microflora higher in the intestinal tract, and Bifidobacterium lactis, Bifidobacterium bifidum, and Bifidobacterium longum for healthy digestive and immune functions of the lower intestine. Each of these proprietary strains has been demonstrated to have superior propensity for intestinal adhesion and colonization.



PB Assist+®

Probiotic Defense Formula

Supports healthy digestive functions and immunities*

PRODUCT DESCRIPTION

The latest addition to the dōTERRA DigestZen® digestive support category, PB Assist+® is a proprietary formula of pre-biotic fiber and six strains of probiotic microorganisms in a unique double-layer vegetable capsule delivering 6 billion CFUs of active probiotic cultures and soluble pre-biotic FOS (fructo-oligosaccharides) that encourage culture adhesion and growth. The time-release, double-capsule delivery system protects sensitive probiotic cultures from stomach acid. PB Assist+ supports healthy digestive functions and immunities and is safe for use by all members of your family.

CONCEPT

Your gastrointestinal (GI) tract is your body's first line of defense against food-borne pathogens that can cause sickness and disease. Powerful acids in your stomach kill many of the harmful microorganisms such as bacteria and viruses entering through your stomach with food and other surface-borne pathogens coming in contact with your hands and then with your mouth. Beyond your stomach, your intestinal tract also performs very important immune functions in the body. A healthy intestinal tract is critical for optimal digestive function and immune protection.

Intestinal Immunities

The walls of the intestine are covered with millions of hair-like cellular microstructures called villi and microvilli. It is through the villi that our food nutrients are assimilated for use. (The surface area of the intestinal tract is estimated to be as large as a tennis court!) The villi of the intestine also include specialized immune cells that function as immune messengers alerting mobile immune cells in the blood stream and in other parts of the body when under attack from invading pathogens.

Living on the villi of the intestinal tract is a group of microorganisms called the intestinal microflora or microbiota. (There are 10 times more microorganisms in the intestinal tract than the 10 trillion cells making up the human body!) Friendly intestinal microflora has a symbiotic relationship with host organisms and provide additional immune defense against pathogenic infection of the GI



1

DDR Prime®

Cellular Complex30 mL



CPTG Certified Pure Therapeutic Grade®

Application:

T I S

Ingredients:

Frankincense Resin, Wild Orange Peel, Lemongrass Leaf, Thyme Leaf, Clove Bud, Summer Savory Plant, and Niaouli Leaf essential oils.

Aromatic Description:

Herbaceous, citrus, sweet

PRIMARY BENEFITS

- Supports healthy cell proliferation and lifespan by reducing oxidative stress
- Supports healthy cellular apoptosis and renewal
- One 8-drop daily serving (480 mg) has an ORAC 5.0 score of over 5,000

DDR Prime®

Cellular Complex30 mL

Part Number:41510001

Wholesale: \$58.30

Retail: \$77.73

PV: 56.75



PRODUCT DESCRIPTION

DDR Prime Essential Oil Cellular Complex is a proprietary blend of essential oils that have been shown in clinical studies to help protect cells against free-radical damage while supporting healthy cellular function. The blend includes Clove, Thyme, and Wild Orange essential oils providing powerful antioxidants that help protect against cellular free-radical damage. It also includes essential oils from Frankincense, Lemongrass, Summer Savory, and Niaouli that have been shown to support overall cellular health.

USES

- Add 1–2 drops to citrus drinks, teas, or water and consume daily to protect the body and cells from free-radical damage.
- Apply to targeted areas on the skin to support cellular health and renewal.
- Use with veggie caps during winter time to promote immunity.

DIRECTIONS FOR USE

Internal use: : Take four (4) drops two (2) times per day with food.

Topical use: Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.



GX Assist® GI Cleansing Formula



Made with enteric coated softgels

Product Description

GX Assist is a combination of CPTG Certified Pure Therapeutic Grade® essential oils and caprylic acid to help support a healthy digestive tract by creating an unfriendly environment for potentially harmful pathogens that can disrupt digestive immunities and cause digestive upset. GX Assist is formulated to be used for 10 days as a preparatory cleansing step before using PB Assist+® Probiotic Defense Formula.

Concept

Having a healthy digestive system affects all facets of the body. When the condition of the digestive system is not in proper health, there can be a tremendous negative effect on every other function of the body. The combination of very powerful essential oils, and caprylic acid, will help cleanse the digestive system into a clean environment which help all other functions of the body to perform at their maximum potential.

CPTG Essential Oils

GX Assist contains a proprietary blend of dōTERRA CPTG Certified Pure Therapeutic Grade essential oils from oregano, melaleuca, lemon, lemongrass, peppermint, and thyme. Each of these oils has been shown to improve microbial balance. This proprietary blend helps to purify and cleanse the digestive system.

Caprylic Acid

Is a naturally derived fatty acid from coconut oil and has antimicrobial activity. Caprylic acid has been used for over 40 years for improved digestive health and microbial balance of the digestive tract.

Primary Benefits

- First step in an essential oil digestive maintenance program*
- Supports a healthy digestive environment*

What Makes This Product Unique?

- A proprietary blend of CPTG Certified Pure Therapeutic Grade essential oils and caprylic acid for a natural cleanse for a healthy digestive system*.

Who Should Use this Product?

Adults who would like to use a natural way to cleanse and support a healthy digestive tract. Use as part of a month GI cleansing program or as part of your yearly or semi-yearly digestive cleanse, depending on your needs.

Directions for Use

Take 1 to 3 softgels with meals for 10 days.

Cautions

Pregnant or lactating women and people with known medical conditions should consult a physician before using.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.

GX Assist
GI Cleansing Formula
60 softgels

Item code: 3504

Consultant price: \$26.00 (26 PV)

Preferred Member price: \$27.74

Suggested Retail price: \$ 34.67

| Supplement Facts | | |
|---|--------|----|
| Serving Size: 1 softgel | | |
| Servings per container: 60 | | |
| Amount Per Serving | % DV | |
| GX Assist Proprietary CPTG® | | |
| Essential Oil Blend: | 195 mg | ** |
| Oregano, Melaleuca, Lemon, Lemongrass, Peppermint, Thyme | | |
| Caprylic Acid | 75 mg | ** |
| ** Daily Value Not Established. | | |

Other Ingredients: Gelatin, glycerin, purified water, food glaze