

Product Guide



BALANCE

A blend of Rosewood, Spruce, Blue Tansy and Frankincense

- Apply topically to muscles to help relieve soreness and tension
- Apply to bottoms of feet to help aid in sleeping and relaxation
- Apply topically or aromatically to help relieve stress and promote emotional balance
- Diffuse during dental procedures to aid in harmonizing the various physiological systems of the body to promote tranquility and balance



WILD ORANGE

- Apply topically or use aromatically to help uplift mood
- Apply topically to the face to help reduce the signs of aging and target fine lines and wrinkles
- Add to water for a refreshing drink or to help aid in digestion
- Diffuse in patient areas to create a relaxing, calm and positive experience



SERENITY

A blend of Lavender, Sweet Marjoram, Roman Chamomile, Ylang Ylang, Sandalwood, and Vanilla Bean

- Diffuse in waiting or treatment areas to help reduce anxiety and fear
- Add to bath and spa products to help soothe, calm and relax
- Apply topically with massage or diffuse to help induce a restful sleep
- Diffuse to help soothe feelings of distress, excitement and worry and help the body maintain its natural state of health



ONGUARD

A blend of Cinnamon, Clove, Rosemary, Eucalyptus, and Wild Orange

- Diffuse aromatically to purify air of unwanted odors and some airborne pathogens
- These oils have been studied for their strong abilities to kill harmful bacteria, mold, and viruses
- Apply to bottoms of feet or drink to help stimulate the immune system



PEPPERMINT

- Apply topically to help reduce discomfort and soreness
- Found to be more effective at preventing dental biofilm formation than chlorhexidine
- Diffuse aromatically to increase energy
- Use as a mouthwash to help fight against resistant oral bacteria as well as freshen breath.



dōTERRA Dental

STARTER PACKAGE: \$327.00



- 2 diffusers
- Balance
- Wild Orange
- Serenity
- OnGuard
- Peppermint