

Safety, Security, and Peace of Mind with + Emergency Oils



AromaTouch For Stress Relief

- + Aids in relaxation and stress relief—Diffuse; massage onto the back
- + Helps relieve inflammation—Massage into affected muscles
- + Enhances massage—Massage into tired, tense, or stressed muscles



Breathe For Respiratory Support

- + Helps ease respiratory distress—Diffuse and inhale; apply to the chest and sinuses
- + Relaxes the body and mind—Diffuse for restful sleep and relaxation
- + Use during allergy season—Apply to the chest area to help clear the lungs and sinuses of congestion
- + Ideal for those with asthma—Diffuse and inhale; apply to the chest and sinuses



Deep Blue® For Muscle and Joint Health

- + Helps relieve muscle and joint pain caused by arthritis, bruises, headaches, inflammation, overexertion, sprains, and more—Apply on location (may be followed by peppermint to help enhance effects)
- + Use before and after working out—Apply on muscles and joints



DigestZen® For Natural Digestive Support

- + Relieves digestive discomforts such as food poisoning, acid reflux, nausea, constipation, or diarrhea—Apply on the stomach area; take in a capsule
- + Helps support digestive function—Apply on stomach area (or on bottoms of feet for children); take in a capsule



On Guard™ For Natural Immune Defense

- + Contains oils shown to inhibit MRSA (antibiotic-resistant staph bacteria)
- + Stops the growth of viruses and bacteria—Diffuse; apply on location; apply on surfaces to help disinfect
- + Aids in mold inhibition—Diffuse; apply on affected surfaces
- + Helps kill airborne pathogens—Diffuse
- + Helps knock out colds and sore throats—Swallow one drop (alone or with water), or take in a capsule
- + Helps support the immune system—Take in a capsule; diffuse



Purify™ For Natural Pathogen Defense

- + Helps eliminate airborne pathogens—Diffuse
- + Use to help cleanse cuts and wounds—Apply on skin around injury
- + Helps purify surfaces—Apply on location
- + Relieves skin irritations such as insect bites—Apply on location
- + Supports the body's natural defenses—Diffuse and inhale



TerraShield™ For Repelling Insects and Bugs

- + Deters flying insects and ticks—Diffuse; apply on skin; apply near openings in home or office
- + Helps protect pets from ticks and fleas—Apply on fur