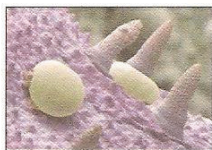


NATURE'S MEDICINE CABINET FOR YOUR HOME



1. What are essential oils?

- Extracts from plants, 50 to 70 time more powerful than herbs
- 1 drop of peppermint essential oil = 28 cups of peppermint tea
- Safe, affordable, effective alternative to synthetic drugs



- Peppermint** (Sourced from Washington)
- Breathe to fight nausea
 - Reduces fevers
 - Increases alertness and focus
 - Increases oxygen absorption

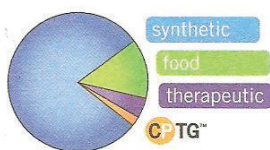


2. Why use Essential Oils vs. Pharmaceutical Drugs?

- Hundreds of natural compounds vs. Synthetic compound
- Pennies per drop vs. Expensive co-pays and prescriptions
- Treating the problem vs. Masking the symptom
- Virtually no harmful side-effects vs. 4th leading cause of death in the United States



- Lavender** (Sourced from France)
- Heals burns and cuts
 - Fights insomnia
 - Diffuse to fight stress and anxiety
 - Powerful Antihistamine

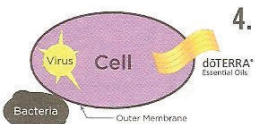


3. Why CPTG doTERRA Essential Oils?

- No industry regulation or standard
- Plant material is sourced from native origins
- Each liter undergoes multiple 3rd party testing to certify purity & potency



- Frankincense** (Exclusive from Oman)
- Anti-cancerous www.pubmed.gov
 - Passes the Blood-Brain Barrier
 - Use topically to beautify skin
 - Take internally to support immunity
 - Powerful anti-inflammatory
 - When in doubt, use Frankincense



4. Effective against Viruses and Bacteria

- Bacteria resides on the outside of the cell and viruses on the inside
- Pharmaceutical antibiotics are unable to penetrate the cell membrane to fight viruses
- Essential oils penetrate the cell membrane and can kill viruses and bacteria



- Melaleuca** (Sourced from Australia)
- Add to shampoo for healthy scalp
 - Apply topically for acne & other skin ailments
 - Great for athletes foot & other fungus
 - Cold sore remedy
 - Apply to cotton ball for ear infections

5. How to Use Essential Oils

A

Aromatic

- Affect mood, including depression
- Kill germs in the air
- Open airways



Breathe

- Helps clear lungs and sinuses
- Diffuse in the air for asthma and cough
- Apply to chest and the bottom of feet for seasonal respiratory discomfort

T

Topical

- One drop of essential oil can service every cell of your body.
- From bottom of feet, enters blood stream within 30 seconds
- Apply to head, feet, ears, chest and back of the neck



Deep Blue

- Use for joint and muscle pain
- Rub on muscles before and after exercise
- Fights arthritis pain
- Relieves carpal tunnel pain.

I

Internal

- This method is specific to doTERRA CPTG oils
- Take in gel capsule, under tongue, or in water
- Relieves issues in the: digestive system, mouth & throat, liver, and urogenital tract



Lemon

- (Sourced from Italy)
- Drink with Water daily
 - Cleanses your body and home
 - Releases petrochemicals from your body for weight loss
 - Dilute in spray bottle to clean home

6. Effective for Weight Loss

#2 product!



Slim and Sassy

- Speeds up your metabolism
- Powerful appetite suppressant
- Helps cleanse your body of petrochemicals
- Elevates energy and mood
- Take internally in capsules or water or directly under the tongue
- 3-5 drops in water 3-5 times per day

7. Nature's most powerful source of anti-oxidants



OnGuard

- Diffuse in air to eliminate airborne pathogens
- Fights & prevents colds and influenza
- Contains nature's most powerful anti-oxidant (Clove Oil)
- Oxygen Radical Absorption Capacity (ORAC) determines the strength of an anti-oxidant
- Carrots scored 200, Blueberries scored 2500, Clove Oil scored 1,078,000 on ORAC scale
- One ounce of Clove essential oil has the anti-oxidant value of 400lbs of carrots or 28 quarts of blueberries