

dōTERRA
Dental

Uplifting Dentistry with DōTERRA Essential Oils

Calm. Clean. Clear.

CPTG Certified Pure Therapeutic Grade®



dōTERRA oils are Chemically Free, 100% Pure CPTG, Highly Concentrated Medicinal Essential Oils

Experience our Certified Pure Therapeutic Grade® (CPTG) Oils & see how Aromatherapy can take your patient experience to a whole new level! dōTERRA is used in dental offices around the world for calming patients, cleaning the air, refreshing mouths and creating a wonderful aroma in the office. They may be applied Topically, Aromatically and are SO PURE you can even drink them!

dōTERRA's CPTG essential oils represent the safest, purest, and most beneficial essential oils available today. They are gently and skillfully distilled from plants that have been patiently harvested at the perfect moment by experienced growers from around the world for ideal extract composition and efficacy. Experienced essential oil users will immediately recognize dōTERRA's superior quality standard for naturally safe and purely effective Therapeutic Grade essential oils.

- **CALM**
Diffuse Wild Orange, Serenity, or Balance to help calm and relax patients before and during dental procedures.
- **CLEAN**
Diffuse OnGuard in any treatment area to help purify air of unwanted odors and some airborne pathogens; enjoy the engaging aroma.
- **CLEAR**
Add a drop of Peppermint to a cup of water after procedure to leave patient with a clear and refreshing taste. Peppermint oil blended with toothpaste was found to be more effective at lower concentrations than chlorhexidine at inhibiting the formation of dental plaque in human volunteers.

*– In a recent study, 200 patients ranging in age from 18 to 77 were exposed to the ambient odor of orange or lavender. Statistical analysis revealed that compared to the control group, both orange and lavender aroma **reduced anxiety and improved the mood of patients awaiting dental procedures.** Essential oil aromas can be very relaxing, directly affecting our emotions.*

Aromatic Uses: Our sense of smell influences many physiological pathways including the stimulation of hormones and other metabolic processes. Aromatherapy is founded on the body's predictable response to specific olfactory stimuli. Certain essential oils, when diffused in the air, can be very stimulating while others can be calming and soothing. Beyond emotional benefits, diffusing essential oils can purify air of unwanted odors and some airborne pathogens.

Topical Uses: Due to their natural molecular composition, essential oils are easily absorbed by the skin and can be safely applied topically. Application of essential oils can have immediate, localized benefit to the target area of application. They have restorative and calming properties and can be used effectively with massage and beauty therapy. The chemical structure of essential oils also allows them to be absorbed into the bloodstream via the skin for internal benefit throughout the body.

Internal Uses: Essential oils can also be used as dietary supplements supporting a variety of health conditions. Some essential oils have powerful antioxidant properties while others help support healthy inflammatory response in cells. Many essential oils are generally regarded as being safe for dietary use, but some oils should not be taken internally. Do not use any essential oil product internally that does not have the appropriate dietary supplement facts on its label.

