



DigestZen

Digestive Blend (one drop in 4oz. of water works great)

Antibacterial, anti-inflammatory, anti-microbial, anti-nausea, anti-parasitic, anti-spasmodic, Soothes Hangover symptoms (alcohol, sugar, carbohydrate or meat protein) Soothes and subdues acid reflux, stimulates repair of damaged tissues of the digestive system, been credited with reducing polyps in the intestinal tract.

IPC Price: \$37.00
Retail: \$50.00

Ginger: anti-spasm and anti-nausea, dissolves old mucus, warming and comforting, can inspire courage, excellent digestive aid; warming to tissues and organs, uplifting and motivating of spirit. Excellent for Rheumatic Fever Recovery.

Peppermint: It relaxes the smooth muscles of the intestinal tract and promotes peristalsis. Soothing and cooling for the whole body. Kills bacteria, parasites, yeasts, fungi and mold. Known to help relieve distress from food poisoning, vomiting, diarrhea, constipation, flatulence, halitosis, colic, nausea, and motion sickness. Enhances bile processing. And reduces heat of fever so body can deal with restoring healing with less discomfort.

Tarragon: Antiseptic and combats intestinal parasites and urinary tract infections; anti-infectious, prevents fermentation in the intestinal tract, assists absorption of B Complex vitamins in intestinal tract. anti-microbial, reduces muscle spasms, is great in helping to relieve genital urinary tract infections,

Coriander: Is soothing to the Pancreas and the Gall Bladder, besides assisting in processing of nutrients; anti-inflammatory, anti-spasmodic, and motivates good oxygenation. Increases action of basic digestive enzymes so nutrients can be absorbed to create healthy new cells.

Fennel: Helps to improve digestion by supporting the liver. It may also help balance hormones;

Caraway: Subdues acid reflux, anti-inflammatory, antidepressant, anti-parasitic, Good relief of gas and pain of colic.

Anice: Calms and strengthens the digestive system, calms the sphincters, balances acid and supports creating an environment for healthy digestion.

Uses:

DigestZen on the wrists for indigestion.

DigestZen around the core of the stomach and on the wrists for nausea, severe indigestion, vomiting, diarrhea, cramping

DigestZen Ingested prior to each meal will assist in good digestion

DigestZen applied on the forehead will help relieve cold and sinus infection congestion, applied along the nose and on the cheeks can relieve more congestion.

DigestZen applied to the reflex points on the bottoms of the feet and hands can assist people getting off of over the counter anti-acid drugs

Caution: Not for use by people diagnosed with epilepsy.



IPC Price: \$28.50
Retail: \$45.00



IPC Price: \$28.50
Retail: \$40.00

Zendocrin™

Detoxification Complex & Essential Oil Blend

Product Description

dōTERRA's Zendocrin™ Detoxification Complex is a proprietary blend of whole-food extracts in a patented enzyme delivery system that supports healthy cleansing and filtering functions of the liver, kidneys, colon, lungs, and skin.

Zendocrin™ Detoxification Complex is formulated to be used with Zendocrin Detoxification Essential Oil Blend of therapeutic grade aromatic extracts of clove, grapefruit, rosemary, and geranium.

Concept

The body's filtering and waste management system is quite capable of managing a certain amount of exposure to toxic influencers. But in a modern world of environmental pollutions and harmful chemicals found in prepared foods, beauty products, treated water, etc. the body's filtering system can be significantly challenged. Just as a filter in a car, furnace, or coffee machine can plug up over time, your body's filtering organs can also become "plugged" with toxins. Healthy organs have the capacity to "clean" or "unplug" themselves under normal conditions, but many sub-optimal health conditions of the liver, kidneys, colon, lungs and skin can result from an overexposure and buildup of toxicity in these vital organs.

Made with SLS-free vegetable capsules

Targeted Organ

Liver

Whole-food Extract

Barberry leaf, Milk Thistle seed, Burdock root, Clove bud, Dandelion root, Garlic fruit, Red Clover leaf

Kidneys

Turkish Rhubarb stem, Burdock root, Clove bud, Dandelion root

Colon

Psyllium seed husk, Turkish Rhubarb stem, Acacia Gum bark, Marshmallow root

Lungs

Osha root, Safflower petals, Skin Kelp, Milk Thistle seed, Burdock root, Clove bud, Garlic fruit

dōTERRA's Zendocrin™ Detoxification Essential Oil Blend

dōTERRA's Zendocrin essential oil blend is a proprietary blend of therapeutic-grade essential oils of clove, grapefruit, rosemary, and geranium that have been studied for support of the cleansing organs of the body. The blend is formulated to be used individually or in combination with the Zendocrin botanical extract complex.

Primary Benefits

Supports healthy cleansing and filtering functions of the liver, kidneys, colon, lungs, and skin

Who Should Use this Product?

Zendocrin Detoxification Complex and Zendocrin Detoxification Essential Oil Blend is formulated for use by all adults concerned with toxic exposure and toxic buildup in the cleansing and filtering organs of the body.

Caution: Pregnant or lactating women and people with known medical conditions should consult a physician before using. Does not contain wheat or milk products. Does not contain ingredients made from animals.



dōTERRA Digestive Health



dōTERRA™
Independent Product Consultant



IPC Price: \$30.00
Retail: \$40.00

GX Assist®

GI Cleansing Formula

Product Description

GX Assist is a combination of CPTG Certified Pure Therapeutic Grade® essential oils and caprylic acid to help support a healthy digestive tract by creating an unfriendly environment for potentially harmful pathogens that can disrupt digestive immunities and cause digestive upset. GX Assist is formulated to be used for 10 days as a preparatory cleansing step before using PB Assist+® Probiotic Defense Formula.

Concept

Having a healthy digestive system affects all facets of the body. When the condition of the digestive system is not in proper health, there can be a tremendous negative effect on every other function of the body. The combination of very powerful essential oils, and caprylic acid, will help cleanse the digestive system into a clean environment which help all other functions of the body to perform at their maximum potential.

CPTG Essential Oils

GX Assist contains a proprietary blend of dōTERRA CPTG Certified Pure Therapeutic Grade essential oils from oregano, tea tree, lemon, lemongrass, peppermint, and thyme. Each of these oils has been shown to improve microbial balance. This proprietary blend helps to purify and cleanse the digestive system.

Caprylic Acid

Is a naturally derived fatty acid from coconut oil and has antimicrobial activity. Caprylic acid has been used for over 40 years for improved digestive health and microbial balance of the digestive tract.

Primary Benefits

- First step in an essential oil digestive maintenance program*
- Supports a healthy digestive environment*

Made with enteric coated softgels©2011 dōTERRA Holdings, LLC GX Assist PIP

What Makes This Product Unique?

- A proprietary blend of CPTG Certified Pure Therapeutic Grade essential oils and caprylic acid for a natural cleanse for a healthy digestive system*.

Who Should Use this Product?

Adults who would like to use a natural way to cleanse and support a healthy digestive tract. Use as part of a month GI cleansing program or as part of your yearly or semi-yearly digestive cleanse, depending on your needs.

Directions for Use

Take 1 to 3 softgels with meals for 10 days.

Cautions

Pregnant or lactating women and people with known medical conditions should consult a physician before using.



IPC Price: \$40.00
Retail: \$55.00

PB Assist+®

Probiotic Defense Formula

Product Description

The latest addition to dōTERRA's DigestZen® digestive support category, PB Assist+® is a proprietary formula of pre-biotic fiber and six strains of probiotic microorganisms in a unique double-layer vegetable capsule delivering 5 billion CFUs of active probiotic cultures and soluble pre-biotic FOS (fructo-oligosaccharides) that encourages culture adhesion and growth. The time-release double-capsule delivery system protects sensitive probiotic cultures from stomach acid. PB Assist+ supports healthy digestive functions and immunities and is safe for use by all members of your family.

Concept

Your gastrointestinal (GI) tract is your body's first line of defense against food-borne pathogens that can cause sickness and disease. Powerful acids in your stomach kill many of the harmful microorganisms such as bacteria and viruses entering through your stomach with food and other surface-borne pathogens coming in contact with your hands and then with your mouth. Beyond your stomach, your intestinal tract also performs very important immune functions in the body. A healthy intestinal tract is critical for optimal digestive function and immune protection.

Digestion of Food Nutrients

Intestinal microflora also plays a critical role in the breakdown and absorption of food nutrients, particularly carbohydrates. Microflora also produces and helps the body absorb vitamin K and can help with absorption of other nutrients such as calcium, magnesium, and iron.

Probiotic Supplementation

There are many ways our intestinal microflora can be compromised or even killed. Stress, physical exertion, toxins in our diet, exposure to harmful microorganisms, and the use of antibiotic therapies can pose significant challenges to the colonization and function of friendly microorganism in the gut. Healthy intestinal microflora is also challenged in people whose diets consist of high levels of animal fats and proteins and are low in fiber.

Primary Benefits

- Supports healthy digestive functions and immunities while creating an unfavorable environment for unhealthy bacteria, yeast, and other harmful microorganisms*
- Helps boost GI immunities to prevent digestive infections such as traveler's diarrhea*
- Helps manage the symptoms of irritable bowel syndrome*
- Helps support optimal absorption of food nutrients and energy metabolism*
- Helps support healthy skin conditions*

What Makes This Product Unique?

- Proprietary double-layer, time-release capsule delivery system delivering 5 billion CFU of active probiotic cultures and 50 mg of pre-biotic FOS (fructo-oligosaccharides) per dose
- 30 vegetable double-layer, time-release capsules per bottle
- Unique blend of six proprietary strains of friendly probiotic microorganisms including *L. acidophilus*, *B. lactis*, *L. salivarius*, *L. casei*, *B. bifidum*, and *B. longum*
- Safe to use by everyone in the family



IPC Price: \$43.00
Retail: \$60.00

TerraZyme™

ADigestive Enzyme Complex

Product Description

dōTERRA's TerraZyme™ Digestive Enzyme Complex is a proprietary blend of active wholefood enzymes and supporting mineral cofactors that are often deficient in cooked, processed, and preservative-laden foods. TerraZyme's powerful combination of digestive enzymes support the body's constant production of enzymes critical for healthy biochemical functions throughout the body including healthy digestion of food nutrients and cellular metabolism of nutrients to energy. TerraZyme includes a variety of whole-food enzymes that help with digestion of proteins, fats, complex carbohydrates, sugars and fiber.

Concept

Enzymes are specialized proteins that function as catalysts in almost all cellular functions and chemical reactions throughout the body. Enzymes play a critical role in growth, healing, and reproduction. They are also necessary for breathing, thinking, immune function, hormone regulation, detoxification, and thousands of other biochemical functions. Enzymes are also necessary for digesting food nutrients and converting nutrients to energy in cells.

Enzymes included and the activity they support

- Protease - Breaks down protein to peptides and amino acids.
- Amylase - Breaks down carbohydrates, starches, and sugars.
- Lipase - Breaks down fats and oils to be absorbed in the intestine.
- Lactase - Breaks down lactose that is found in milk sugars.
- Alpha Galactosidase - Breaks down complex polysaccharide sugars found in legumes and cruciferous vegetables that can cause bloating and gas.
- Cellulase - Breaks down fiber to help digest fruits and vegetables.
- Maltase - Breaks down maltose sugars to glucose for energy.
- Sucrase - Breaks down sucrose to fructose and glucose for energy.

Primary Benefits

- Supports healthy digestion and metabolism of enzyme-deficient, processed foods
- Speeds conversion of food nutrients to cellular energy
- Promotes gastrointestinal comfort and food tolerance
- Supports healthy production of metabolic enzymes
- Provides important mineral co-factors for systemic enzymatic activity
- **What Makes This Product Unique?**
- Proprietary blend of eight active whole-food enzymes
- Patented Enzyme Assimilation System of essential whole-food mineral cofactors including 72 trace minerals
- dōTERRA Tummy Taming Blend™ of Peppermint, Ginger, and caraway seed
- Whole-food formula made with sodium lauryl sulfate-free HPMC vegetable capsules
- Safe to use by everyone in the family

Who Should Use this Product?

TerraZyme is formulated for use by all members of the family desiring supplemental wholefood enzymes. TerraZyme is an excellent product for individuals with specific food intolerances resulting from digestive enzyme deficiencies. TerraZyme is an excellent addition to dōTERRA's monthly Lifelong Vitality supplement program of Alpha CRS+™, xEO Mega™, and Microplex VMz™.